



ST. DOMINIC'S COLLEGE, KANJIRAPALLY

AFFILIATED TO MAHATMA GANDHI UNIVERSITY KOTTAYAM
RE-ACCREDITED WITH A GRADE BY NAAC
ABSORB & RADIATE



Report of report for each extension and outreach program with photographs

2017 - 2018



REPORT OF ACTIVITIES 2017-2018

World Environment Day - Distribution of Tree Saplings

NSS volunteers participated in the seminar and World Environment Day celebration at Parathode Panchayat Complex on June 5th, 2017. They distributed Tree Saplings to the households in Parathode Panchayath.

Number of Participants: 100

Aims and Objectives: improve quality of environment and help combat climate change



International Yoga Day - Awareness and Training

NSS volunteers of the unit gave a training session to the students and staff of the college on 21st June under the guidance of the Programme Officer Mary Pitunia C Mathew. It refreshed the minds of the participants and helped to understand, how to attain a fit body and makes a person enough flexible through practicing Yoga.

Number of Participants: 500



Vid Bharath Season I

Vid Bharath is a quiz Competition organized by the Department of History, St Dominic's College Kanjirapally, in connection with India's Independence Day celebrations. The first season

of the programme was held in August 2017 and it was a great success.

The Objectives of Vid Bharath

1. To create awareness and aptitude in the minds of young students regarding the freedom movement of India.
2. To develop the spirit of nationalism in young minds.
3. To enable students develop scientific approach to history.
4. To help the students of history develop initiative and innovation.
5. To make the students confident.
6. To help the students develop their personality and organizational abilities.

School Level

The school level quiz competition is conducted in ten UP schools on 2 nd August, 2017. Any number of teams, each with two students from UP classes can participate. There will be a written elimination round and a final round for which only four teams will be selected. A team of four or five students of the Department of History, St Dominic's College Kanjirapally will conduct the Quiz in the school level. The school may provide a computer, an LCD Projector and the cessary stage arrangements. Winners of first, second and third positions from each school will be awarded medals by the College. Final level of the quiz conducted at St Dominic's College on 7 th August, 2017. First prize winners in the school level competitions participated in the final level.

Participating Schools

1. St Thomas HSS Erumely

2. St Mary's HS Umikkuppa
3. St James UPS Kannimala
4. Kollamula UPS Kollamula
5. St Mary's UPS Elikkulam
6. Govt UPS Elampally
7. St Thomas UPS Kanamala
8. Gracy Memorial HS, Parathodu (UPS)
9. Govt HSS Edakkunnam (UP Section)
10. SGM UPS Olayanad

Jaivam 2017 - Organic Farming Literacy - Awareness

The special camp Jaivam- 2017 was conducted, as directed by the M G University, from 31st August 2017 to 6th September 2017.

The NSS volunteers visited all the houses in the Parathode Panchayat and gave awareness on organic farming. The goal of the camp is to create awareness among the natives of Parathode Panchayath about the significance of 'Jaiva Jeevanam' and thereby leading them to 'Haritha Saaksharatha' under the title 'Jaivam'. This is a giant leap taken by the College by communicating a great vision to the people nearby.

No. of Participants: 100

Beneficieries: Residents of Parathode Panchayath





Workshop on Soap Making

The NSS unit organized a one day workshop on soap making in association with the Women Cell of the college. This workshop aimed at imparting a useful and practical skill whereby they can be self-employed and can generate income for their family.

Number of participants: 60

Beneficiaries: Women from various walks of life including NSS volunteers, students, staff and others

Training in Soap Making - NSS



Walkathon – Awareness rally

NSS volunteers organized a walkathon on 28th September, in association with Mary Queen's Hospital 26th mile, Kanjirapally, as part of the World Heart Day. The volunteers along with the staff of the Hospital conducted a rally to spread the awareness on the role of a healthy heart for a healthy life.

Total Number of participants: 100

Beneficiaries: General Public

Walkathon



Gandhi Jayanti – Cleaning of Public Places

On 2nd October 2017 the NSS volunteers cleaned the campus, the Bus Shelter and the nearby roads as part of Swachatha Campaign.

Total Number of participant: 100

Beneficiaries: The College and the outside community

Gandhi Jayanti Celebration - 2nd October 2017



"Run For Unity" on Rashtriya Ekta Diwas

The NSS unit conducted an awareness Rally, 'Run for Unity' on 31st October 2017, The event is held every year to commemorate the birth anniversary of Sardar Vallabhai Patel, as part of the national campaign. The Day is also known as National Unity Day or Rashtriya Ekta Divas. The run was flagged off from the College premises staff, students and NSS volunteers participated.

Total Number of participants: 110

Beneficiaries: College students and General Public

Run For Unity



Flash Mob on Childrens Rights - Children's Day Celebration

The NSS Volunteers of the unit performed a flash mob in front of Mini Civil Station in Kanjirapally town on 15th November 2017, to make the public aware about the rights of children. It was organized in association with the Kerala State Child Welfare Commission and District Child Line Unit.

No. of participants: 40

Beneficiaries: General Public

Flash Mob on Children's Day



Camp on Bio-farming - NSS

Four NSS volunteers of this college attended the three day camp organized by the Kerala Biofarming Committee from 15th to 17th December 2017 at Thirunakkara John C Nagar, Kottayam.

The college was awarded a certificate of appreciation for effective attempts for environment protection.

No. of Participants: 4

Biofarming & Receiving of Jaivakalalaya Award



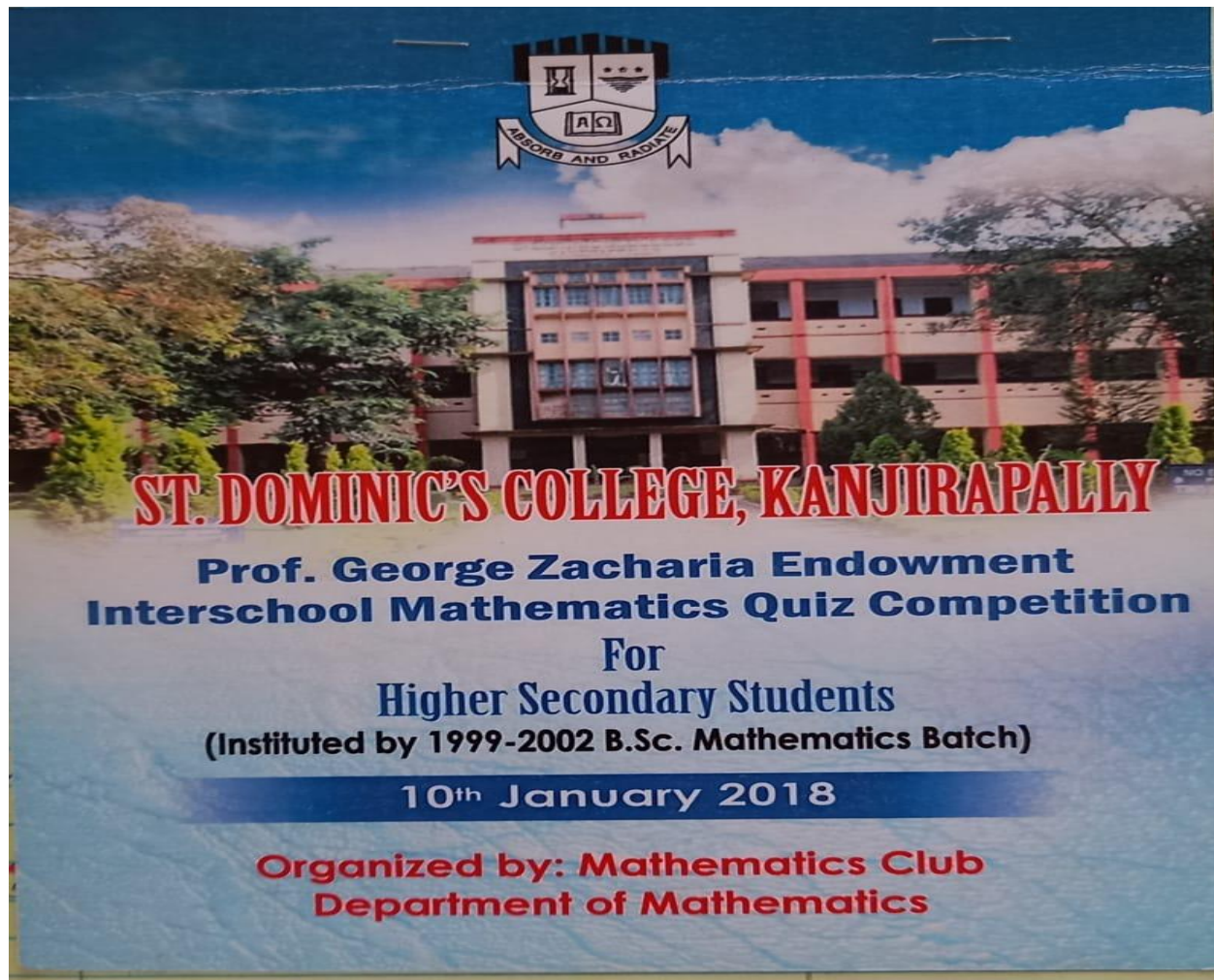
One Book One Pen Campaign – Collection and Distribution of Study Materials

318 Books, 339 Pens, 55 pencils & other stationary items collected from St. Dominics College community on 14/08/2017 and they were distributed to nearby orphanages on 16/08/2017.

Financial Aid for Palliative Care

A generous donation of Rs. 10,000/- has been provided to AKM Palliative Care, Pazhaidom for the purpose of supporting palliative patient care. The amount was given through Beena Joby, who holds the position of Standing Committee Chairperson for Health & Education at Kanjirapally Grama Panchayat - 30/11/2017.

Prof. George Zacharia Endowment Inter school Mathematics Quiz Competition For Higher Secondary Students – 10/01/2018



Eye Check up Camp for Public

The NSS unit,organised a free eye check-up camp for external individuals especially the people suffering from Cataract. The eye camp organized in association with Lions Club of Kanjirapally and Little Flower Hospital, Angamaly.

NSS volunteers volunteered at the camp and helped the medical staff to conduct the screening. The check-up was done by the optometrist and medical team. In the camp, people were examined for common eye problems, near and far vision. Around 200 people were screened on 25th February 2018.

The eye screenings also helped 24 needy people to get better vision through free cataract surgeries at Little Flower Hospital Angamali.

No. of Participants: 200

Beneficiaries: 200 people from five nearby panchayaths.

Republic Day Celebration, 2018



Grove Making

The NSS unit organized a programme for grove making on 3rd March. The Principal, Rev.Dr.James inaugurated the Programme by planting a sapling. Large number of different saplings was planted.

No. of Participants: 100

Mushroom Cultivation Training Programme campus and non campus people

A training Programme on Mushroom Cultivation was conducted for the NSS volunteers of the unit on 24th March 2018. Mr.Vinu N Das, CEO, MRDO, Chengannur led a class on 'Mushroom Cultivation and its advantages' and demonstrated the process of cultivation.

Total No. of Participants: 130.

Eye Check up Camp



Inauguration of Green Grove



Medicinal Plant Cultivation



Mushroom Cultivation Training



Awareness Campaign - Swatchh Bharat Abhiyaan

The NSS volunteers of the unit visited the houses in the colony at Mannidamkuzhy in the Kanjirapally Panchayat on 16th June 2018. The volunteers provided awareness on the dangers of throwing away or burning the plastic waste.

No. of Participants: 100

International Yoga Day

NSS volunteers of the unit gave a training session to the students and staff of the college on 21st June, 2018 under the guidance of the Programme Officer Mary Pitunia C Mathew. It refreshed the minds of the participants and helped to understand, how to attain a fit body

and makes a person enough flexible through practicing Yoga. They also pledged to become the ambassadors of Yoga

Number of Participants: 450

Training -Swachh Bharat Abhiyan

On 08-08-2018, the Programme officers and fourteen NSS volunteers participated in the training given by Ms.Padmavati, Resorce person, Suchitwa Mission at ParathodeGramapanchayat Complex.

No. of Participants: 150

Awareness Campaign - Swachh Bharat Abhiyaan



International Yoga Day-2018



Training by Ms.Padmavati,SuchitwaMission,Kottayam



Awareness Campaign -Swachh Bharat Abhiyaan

As part of Swachh Bharat Abhiyaan, the NSS volunteers visited houses in the 6th ward of ParathodeGramapanchayat and distributed notice on 22nd September 2018.

Participants: 150

Vid Bharath Season II

Vid Bharath is a quiz Competition organized by the Department of History, St Dominic's College Kanjirapally, in connection with India's Independence Day celebrations. The first season of the programme was held in August 2017 and it was a great success. Season II was conducted in the Month of August, 2018

Cleaning Campaign -Swachh Bharat Abhiyaan and Swatccatha Hi Seava Pledge

As part of Swachh Bharat Abhiyaan, the NSS volunteers cleaned the bus waiting shed and surroundings and collected plastic wastes in the 15th ward of the ParathodeGramapanchayat. The whole college took the Swatccatha Hi Seava pledge on 27-09-2019.

Participants in cleaning Campaign: 150

Participants in Pledge: 1400

Mushroom Cultivation Training

The NSS unit organized a Mushroom Cultivation training for the students of the college and the public on 13th October 2018. The training focuses on teaching individuals the skills and knowledge necessary to grow mushrooms commercially or as a hobby. This type of training provides participants with a comprehensive understanding of mushroom cultivation techniques, including substrate preparation, spawn inoculation, temperature and humidity control, disease prevention, and harvesting.

No. of Participants: 75

Grove Making

More saplings were planted for making grove in the land provided by the college on 24th October 2018. The programme was inaugurated by Dr. Jojo George, the head of the Department of Botany. Grove making is often done to contribute to environmental conservation efforts by creating or restoring natural habitats. Planting groves of trees helps increase green cover, combat deforestation, and enhance biodiversity.

No of participants: 200

Visit to a Mental Asylum - Population Education Club

11/12/2018 - Students with their teachers visited Bethlahem Bhavan ,Kanjirapally ,a Psychosocial centre for mentally ill men. Interaction, provided entertainment & donation of Rupees 5000/- made the inhabitants feel that we are with them.

No of participants: 70

Blood Donation Camp

A blood donation camp was organized by the NSS unit of St. Dominic's College, Kanjirapally on 19th November 2018 in association with the Swaruma Charitable Society, Kanjirapally. About thirty five students donated blood to the General Hospital, Kottayam.

Participants: 35

Awareness Campaign -Swachh Bharat Abhiyaan



Cleaning Campaign -Swachh Bharat Abhiyaan





Training in Mushroom Cultivation on 13-10-2018



Groove Making





Blood Donation Camp 19-11-2018



Shasthrajalakam 2018

The program is conducted from **30/11/2018 to 2/12/2018** under the coordination of Physics Department of St. Dominic's College, Kanjirappally with the technical and financial support from General Education Department and State Institute of Educational Technology (SIET), Government of Kerala.





NSS Seven Day Special Camp – Campus to Community

The special camp was conducted from 21-12-2018 to 27-12-2018 at St.dominic'sCollege,Kanjirapally.

The main theme of the camp was cleaning of rivers in the adopted village and awareness about the waste management.

The camp was inaugurated by the president of the ParathodeGramapanchayat.

Participants: 100

Cleaning of Chittar River

The NSS volunteers of the unit participated in the cleaning of the tributary rivulet of Chittar flowing through Parathode Panchayat at Edakunnam on 15th December 2018.

Cleaning of River – Chittar 15- 12 - 2018



21-12-2018



PunyamPoonkavanam 23-12-2018



Class on 23-12-2018



Cleaning of Chittar River 24-12-2018



Visit to Bethlehem Bhavan(Assylum for mentally challenged men), Kanjirapally 25-12-2018



Cleaning the premises of Kanjirapally Police Station 26-12-2018



Cleaning the premises of Govt. School Kanjirapally 27-12-2018

